

# Frustration & Violence-Search and Remedy

Violence is a common factor now-a-days in the world. It is occurred in several ways and people get frustrated. My motive is to search how it is occurred and what will be remedy.....

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**Abstract-** For sustainable development as well as thinking for the betterment and welfare for our people, first we must think for our growing children. Now-a-days, children in around the world get frustrated in several ways. My assumption as well as research regarding frustration is how it occurs, what is happening in their lives and what is remedy for it-is to be observed. Eventually, frustration grows and when it increases gradually, by the time being, he/she makes violence which reduces to abnormal death or suicide or everything anomalous & unrest in his/her life.

## I. INTRODUCTION

Violence is a common factor now-a-days in the world. It is occurred in several ways. My motive is to search how it is occurred and what will be remedy. Now-a-days, it is high time to pay a keen & smooth attention to the matter-“Frustration & Violence” in our country and abroad. In fact, what is Frustration & Violence ? When a child or a person feels lack of something according to his/her demand or have poverty, discrepancy among them, in contrasts, if he/she does not get a thing what he/she wants, it reflect a bad significance in his/her mind. He/she becomes angry and it imitates abnormality everything in his/her life.

1. **Rationale:** When a child or a person gets frustrated, once upon a time, he/she makes violence and fall to death ultimately. A part of the people in our country and abroad get frustrated in several ways which assume us tremendously, harmful for the victim's family, for the society and for the country.
2. **Objectives of the study:** Education is the backbone of a nation. Society requires school, on the contrary, school requires society. There are four objectives : Society, school, student & teacher for the smooth functioning of prosperity & development for the nation and ensuring peace for all. So, there is no alternative of education, we can't imagine the prosperity & development of a country except education. To make the people well-educated, to motivate the students to their studies and to grow-up properly- frustration must be deleted from the society and violence must be stopped. Otherwise, it creates a major problem and foremost obstacle in the society as well as harmful for the nation.
3. **How it occurs:** A child or a student or a person feels frustration in many ways:-
  - Due to the family problem: If there is disturbance or misunderstanding between husband and wife, always quarrel between them, the other members of the

family feel tension and get frustrated which creates an turbulence and atypical in the whole family.

- Due to the poverty: When two or more students play together or get together in any occasion, they feel shy or jealous to each other for any inconsistency. Because they have come from different families. Those who have come from poor families, their poverty, lack of demanding things, reflect in their faces and behaviors. Their faces, minds and behaviors indicate the symptoms of frustration. Afterwards, they fall down automatically to the wrong path and they do unfair means, involve in varieties of unsocial works and gradually addicted to gambling.
  - Surrounding conditions: To prosper in life, to make a man proper & perfect, two things are essential for him: \* Environment & \* Guidance. Lack of either of will very become difficult for him/her the two, he/she can never grow up perfectly and it's to keep good performance as well as significance. Thus he/she can never establish him/herself in the society. Some of them choose the wrong deeds, do misbehave with relatives, misconduct with others. Following them, others become aggressive, lead a abnormal lives, feel frustration and make violence. Gradually, they lose their characters, even their lives.
  - Political grounds: On my observation, I've seen many brilliants students in the college and university level who are misguided and thus involved in wrong politics. It makes their lives unrest, instability and get frustrated and supper tremendously in the long run. At last, they make violence and lose their lives which is very harmful for the nation. Thus, the nation is losing those students who could keep good significance in the society.
  - Several situations: Besides these, people get frustrated in many other ways. If someone's personality is hampered in any reason, disturbed and dishonored by others, irresponsibility of parents to their children etc. one gets frustrated and make violence & chaos.
4. **Hypothesis:**
    - i. At the outset, it's essential to find out the frustrated pupils or people in the society;
    - ii. Secondly, we have to search the causes of frustrations;
    - iii. Thirdly, we have to give the proper remedy;
    - iv. and finally, to remove frustration and vanish the violence from the society, we have to take initiative together, government must take proper steps jointly

with other Non-Govt. Organizations to uproot the problems permanently.

solution of this problem, pave the way to uproot frustration & violence from the society

## II. LIMITATION

I have a strong target to remove frustration totally from the society through smooth functioning of team work, fruitful discussion, mutual understanding and press media, seminar, symposium occurring among the mastermind, elite, wise, well-educated and intellectual persons in the world. I have a strong desire to meet them, smooth interaction & discuss with them in an international platform to share experience & knowledge, gather new techniques & ideas. I intend to do it to trace out the

## REFERENCES

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- [4] press media and national daily newspaper of Bangladesh.
- [5] My own ideology and collection of several paper & resources.